



Mothers play an important and significant role in a family and sometimes their kindness is taken for granted or goes unnoticed. Because I have seen Moms sacrifice a lot and put themselves last on the list of self-care in many instances, I have compiled a selection of poems I wrote dedicated to them especially and to let them know that they are loved, honoured and appreciated. Thank you Moms, you are a gift from Heaven!

About the author:

Avy Hattingh is a certified Life Coach supporting and encouraging women who aspire to master their personal development skills. She believes that an empowered woman not only spreads sparkles where ever she goes, but she brings about remarkable change in not only her life but also in the lives of those who she meets as she reaches her full potential and embraces who she is. Her business is called "Embrace Your Potential" (www.embraceyourpotential.co.za). She is also actively involved in community work and heads a team called "The Shepherds Calling" where they share compassion and upliftment in different establishments by way of holding workshops on various topics of concern we all face in today's times.

The Jewel That Shines Over A Stormy Sea

Tossed about in a stormy sea
Looking for a haven where it is calm
A place where I can rest my soul
A place where there is no harm

And somewhere in the distance
Not too far from me
There it glows with all its might
The jewel that shines over a stormy sea

That jewel is you my dearest Mother
That shines with the brightest glow
Guiding me into a safe haven
As only a Mother would know

This is where I will find my comfort
Where I can rest my weary heart
A place where time stands still
For a Mother and child
Where they are joined by love at the heart

I will never understand my dear Mother
Just what makes a stormy sea
I only know that I get through it safely
Because you are the jewel that shines over me!



Moms Are Roses

In every garden there grows one rose
That is far more beautiful than any other
Adding to the garden a nuance of fragrance
And a kaleidoscope of colour

Each one of the petals is radiant
Perfect in every way
complimenting the garden
In the most extraordinary glorious way



Every petal provides shelter
To all those that the rose holds dear
Keeping the other flowers
Close to her heart
And filling the garden
With exuberant cheer

This little rose is a graceful blessing
With peace and charm all aglow
Her fragrance clings to everyone with love
And she is by far the rosiest rose I know!

